

# RUN FOR THE BAGEL



**BAGELFEST • MATTOON, ILLINOIS**

## ► How To Register

- Mail in form attached to this flier with payment
- Register on-line **only** at [www.active.com](http://www.active.com)
- Download additional race forms from our web page at [www.mattoonymca.org](http://www.mattoonymca.org)

Runners registered prior to July 15 may pick up race packets at the "Y" after noon on Thursday, July 16, or beginning at 6:15 a.m. on race day.

## ► Race Day Registration/Package Pick Up/Check In

Location	YMCA Gym
Starts	6:15 a.m.
Ends	7:00 a.m. SHARP!

**All 5K/10K Runners** must check in at the YMCA to receive their race chip the day of race.

**NO CHIP. NO TIME!**

► **Race chip must be returned** at the end of the race or you will be charged \$30.00

► **Race Starts** - Bus Station (19<sup>th</sup> & Broadway Ave.)  
 5K/10K Run 7:30 a.m.  
 1 Mile Fun Run/5K Walk 7:35 a.m.

► **Race Ends** - at the Mattoon Area Family YMCA

► **Course Description** - Flat, partially shaded, two water stations, Champion Chip Timing! **Because this is a family event strollers are allowed, behind the racers, on the course.**  
**Safety Note: No rollerblades or head phones allowed on the course.**

► **Timing & Results** for the 5K & 10K Run time will be provided by Mattoon Multi-Sport with computerized results. Race results for the 5K & 10K Run will be posted @ [www.mattoonbeachtri.com](http://www.mattoonbeachtri.com). 5K Walk will be timed by YMCA, however results will not be posted online.

## ► Getting to the Race

Take I-57 to exit 190B for Mattoon. Go west on Charleston Avenue to 16th Street and turn right. Go two blocks north. The YMCA will be on your left at 221 North 16th Street.

## ► RFTB Committee

Mark Avery	Dave Wortman
Tony Garrett	Shelly Eddington
Gus Hallmon	

## RUN FOR THE BAGEL 2009 Race Registration Form

Please print & complete entire form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_ Cell: \_\_\_\_\_

**Shirt Size** (Circle One) S M L XL XXL  
 (Based on availability)

### Waiver - Please read carefully and sign.

There is no insurance or medical coverage provided. In consideration of my entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue to me against the Mattoon Area Family YMCA, staff, volunteers or any of its promoters for any and all injuries, loss or damage of property suffered by me at this event. I further warrant that I have trained for the race of this distance and am physically fit for such a race. I give my permission to the YMCA to use, without limitation or obligation, photographs, and/or film footage for purposes of promotion.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Signature Date

*If under 18 years of age, parent/guardian signature required.*

## Need More Information?

Contact the  
**Mattoon Area Family YMCA**  
[mattoonymca@consolidated.net](mailto:mattoonymca@consolidated.net)  
**(217) 235-YMCA (9622)**



YMCA  
 We build strong kids,  
 strong families, strong communities.

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Male  Female

### Age Division - Please Check One

- |                                     |  |
|-------------------------------------|--|
| <input type="checkbox"/> 10 & under | <input type="checkbox"/> 40 - 44       |
| <input type="checkbox"/> 11 - 14    | <input type="checkbox"/> 45 - 49       |
| <input type="checkbox"/> 15 - 19    | <input type="checkbox"/> 50 - 54       |
| <input type="checkbox"/> 20 - 24    | <input type="checkbox"/> 55 - 59       |
| <input type="checkbox"/> 25 - 29    | <input type="checkbox"/> 60+           |
| <input type="checkbox"/> 30 - 34    | <input type="checkbox"/> 65+ (5K Only) |
| <input type="checkbox"/> 35 - 39    |  |

Race Selection	Fee
<input type="checkbox"/> 10K Run	\$20*
<input type="checkbox"/> 5K Run	\$20*
<input type="checkbox"/> 5K Walk	\$20*
<input type="checkbox"/> 1 Mile Fun Run	\$ 5

\*Race Fee after July 15 \$25

**Send check to:**  
 Run for the Bagel  
 Mattoon Area Family YMCA  
 P.O. Box 875  
 Mattoon, IL 61938

### FOR OFFICE USE ONLY

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Received Initials

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Date Entered Initials

Race # \_\_\_\_\_

► **Entry Fees**

10K Run \$20\*  
5K Run \$20\*  
5K Walk \$20\*  
1 Mile Fun Run \$ 5

\* After July 15 \$25

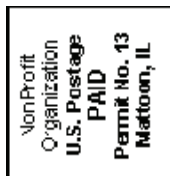
► **Age Divisions**

10 & under 40 - 44 Masters  
11 - 14 45 - 49  
15 - 19 50 - 54 Grandmasters  
20 - 24 55 - 59  
25 - 29 60+  
30 - 34 65+ (5K only)  
35 - 39

► **T-Shirts** - given to the first 350 5K & 10K Run and Walk participants.

► **Awards**

5K/10K Run Male & Female  
Overall, Masters (40-49) & Grandmasters (50+)  
5K Run - Trophies top four in each age division.  
10K Run -Trophies top three in each age division.  
5K Walk - Medals to all walkers at the finish.  
Fun Run - Ribbons to all runners at the finish.  
Awards ceremony held in front of the YMCA.  
5K Awards begin approximately 8:30 a.m.  
10K Awards begins approximately 9:15 a.m.  
*(relocated to gym if raining)*



**Mattoon Area Family YMCA**  
221 North 16th Street, P.O. Box 875  
Mattoon, IL 61938

Return Service Requested



YMCA

We build strong kids,  
strong families, strong communities.



**BAGELFEST • MATTOON, ILLINOIS**

**Saturday, July 18**

5K & 10K Run - 7:30 a.m.

5K Walk - 7:35 a.m.

1 Mile Fun Run - 7:35 a.m.

**Champion Chip Timing**

**Trophies for 5K & 10K  
Age Division Winners**

**Overall, Masters & Grandmasters  
Awards**

**Timed Participation Walk**

**Porta-Potties at the Start Line**

**Bagelfest 2009**

Hosted by Mattoon Tourism Committee  
Please contact Mattoon Tourism for  
complete schedule of events and area  
information.

www.mattoonillinois.org  
tourism@mattoonillinois.org  
1-800-500-6286

Mattoon Area Family YMCA  
221 N. 16th Street, P.O. Box 875, Mattoon, IL 61938

www.mattoonymca.org  
**(217) 235-YMCA (9622)**

**Thanks to the Following for Making  
Our Event a Success**

Mattoon Tourism Committee  
City of Mattoon

Sarah Bush Lincoln Health System  
Mattoon Area Family YMCA

Mitchell - Jerdan Funeral Home  
Mattoon Police Department & Auxiliary Officers  
Decatur Running Club  
Mattoon Multi-Sport