

# Pool Rules

The lifeguard has complete authority over the pool area. Please respect the request of the lifeguard on safety related issues. They are for everyone's safety. Please inform the lifeguard of any injuries or safety issues.

## **3 Whistles means EMERGENCY!!**

**Please exit pool slowly and go to the locker room.**

1. Please shower and remove all band-aids before entering the pool area. Patrons with open cuts or sores, rashes, communicable diseases, or a mild case of diarrhea are not permitted.
2. Bathing suits are required. Cut offs and t-shirts are not permitted.
3. Use restroom facilities and do not put bodily fluids into the pool. i.e. phlegm. Children not potty trained must wear a swim diaper and exit pool if diaper becomes soiled.
4. **NO**
  - **DIVING** anywhere in pool
  - **RUNNING** on pool deck or in locker rooms
  - **ROUGH PLAY** i.e. dunking, splashing, chicken fights
  - **BREATH HOLDING** activities
  - **HANGING** on the diving blocks or lane lines
  - **EATING, DRINKING, OR GUM** in the pool area (except for bottled water).
5. Kids with floatation devices (except life jacket) must be within an arms length of a parent/guardian. We strongly discourage use of water wings. Floatation devices (Noodles, balls, etc.) are not allowed in the deep end.
6. Children must pass a swim test in order to use the deep end of the pool.
7. Water aerobics equipment is for adult use only. Kickboards and pull buoys are for lap swimmers only. Only 1 noodle per person. Do not slap water or people with noodle. Do not blow water through noodles.

**Any child under the age of 10 must always be supervised by an adult.**

**Any child who must wear a lifejacket or is under 4 ft tall, must be accompanied by an adult in the pool.**

For your safety: In case of lightning or thunder, the pool must close.

The pool will re-open 30 minutes after the last thunder/lightning.