



# MATTOON AREA FAMILY YMCA

## 2012 Water Class Schedule

A.M.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>8:15-9:00</b> Mon-Fri	<b>Water Aerobics</b>	<b>Water Aerobics</b>	<b>Water Aerobics</b>	<b>Water Aerobics</b>	<b>Water Aerobics</b>	<b>Water Aerobics</b>
<b>9:00-10:00</b> Sat	Sheila	Sheila	Patti	Julia	Angela	Sonja
<b>9:00-9:45</b> Mon/Wed	<b>Water Volleyball</b>	<b>Water Volleyball</b>	<b>Water Volleyball</b>	<b>Water Volleyball</b>		
<b>9:00-10:10</b> Tues/Thurs						
<b>9:00-9:45</b> Friday					<b>Aqua Zumba®</b> Louise	
<b>9:45-10:45</b> Mon/Wed/Fri	<b>Gentle Joints</b> Michelle		<b>Gentle Joints</b> Michelle		<b>Gentle Joints</b> Michelle	
<b>10:45-11:45</b> Mon/Wed/Fri	<b>Primetime</b> Michelle		<b>Primetime</b> Michelle		<b>Primetime</b> Michelle	
P.M.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>5:45-6:45</b> Mon-Thurs	<b>Aqua Zumba®</b> Louise	<b>Water Aerobics</b> Amy	<b>Aqua Zumba®</b> Louise	<b>Water Aerobics</b> Kelly		
					Mattoon Area Family YMCA 221 N. 16th St. Mattoon IL 61938 217-234-9494 www.mattoonymca.org	

Schedule Starts May 1, 2012