

**MATTOON AREA FAMILY YMCA
POOL SCHEDULE**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap/Open Swim 6:00am - 1:00pm	Lap/Open Swim 6:00am - 1:00pm	Lap/Open Swim 6:00am - 1:00pm	Lap/Open Swim 6:00am - 1:00pm	Lap/Open Swim 6:00am - 1:00pm		
Aqua Aerobics 8:00 - 9:00	Aqua Aerobics 8:00 - 9:00	Aqua Aerobics 8:00 - 9:00	Aqua Aerobics 8:00 - 9:00	Aqua Aerobics 8:00 - 9:00		
Aqua Volleyball 9:00 - 10:00	Aqua Volleyball 9:00 - 9:45	Aqua Volleyball 9:00 - 9:45	Aqua Volleyball 9:00 - 9:45	Aqua Zumba 9:00 - 9:45	Aqua Aerobics 9:00-10:00	
Gentle Joints 10:00 - 11:00	AI Chi 9:45 - 10:45	Gentle Joints 10:00 - 11:00	AI Chi 9:45 - 10:45	Gentle Joints 10:00 - 11:00	Swim Lessons 10:00-11:45	Lap/Open Swim 9:00am-4:30pm
Prime Time 11:00 - 12:00		Prime Time 11:00 - 12:00		Prime Time 11:00 - 12:00		
		Swim Lessons (Home School) 10:00-11:45am				
Pool Closed 1:00pm-3:30pm	Pool Closed 1:00pm-3:30pm	Pool Closed 1:00pm-3:30pm	Pool Closed 1:00pm-3:30pm	Pool Closed 1:00pm-3:30pm		
Lap Swim 3:30-4:30pm	Lap Swim 3:30-4:30pm	Lap Swim 3:30-4:30pm	Lap Swim 3:30-4:30pm	Lap Swim 3:30-4:30pm		
Swim Team 4:30-6pm	Swim Team 4:30-6pm	Swim Team 4:30-6pm	Swim Team 4:30-6pm	Swim Team 4:30-6pm		
Aqua Zumba 6:00-7:00pm	Swim Lessons 6-7:30pm	Aqua Zumba 6:00-7:00pm	Swim Lessons 6-7:30pm	Lap/Open Swim 6-7:30pm		
Lap/Open Swim 6-7:30pm	Aqua Aerobics 5:45-6:45pm	Lap/Open Swim 6-7:30pm	Aqua Aerobics 5:45-6:45pm			
	Lap/Open 6-7:30pm		Lap/Open 6-7:30pm			

Color Codes

Lap Swim
Aqua Aerobics
Gentle Joints
Prime Time
Aqua Zumba
Open Swim
Swim Team
Swim Lessons
Aqua Volleyball
AI Chi

Schedule Effective Tue. October 01

Pool is accessible by EZ Ladder, and a 300lbs max. Chair Lift

Available for Rentals on weekends.
Contact Hannah Robinson
hrobinson@nealcenterymca.org

AJ Sears
Aquatics Director
217-234-9494
asears@mattoonymca.org

Any child under the age of 10 must always be supervised by an adult.
Any child who must wear a lifejacket or is under 4 ft tall must be accompanied by an adult in the pool, within an arm's reach.