

NEAL CENTER YMCA Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Lap/Open Swim 7:00-8:00am		Lap/Open Swim			Color Codes
			7:00-9:00am			Aqua Fitness
Aqua Aerobics 8:00-9:00am Madelyn	Aqua Aerobics 8:00-9:00am Deanna	Aqua Aerobics 8:00-9:00am Madelyn		Aqua Aerobics 8:00-9:00am Betty	Aqua Aerobics 8:00-9:00am Deanna	Lap/Open Swim
Just Move It 9:00-10:00am Madelyn	Deep Water Aerobics 9:00-10:00am Deanna	Just Move It 9:00-10:00am Madelyn	Aqua Aerobics 9:00am-10:00am Deanna	Just Move It 9:00-10:00am Betty		Swim Lessons
Lap/Open Swim 10:00-11:00am	Lap/Open Swim 10:00-11:00am	Lap/Open Swim 10:00-11:00am	Lap/Open Swim 10:00-11:00am	Lap/Open Swim 10:00-11:00am		Summer Camp
					Lap/Open Swim 9:00-3:00pm	Pool Closed
						9/16/2024
						Lap/Open Swim 1:00-3:00pm
Lap/Open Swim 4:00-7:00pm	Tai Chi 4:00-5:00pm Bonnie Aqua Aerobics 5:00-6:00pm	Group Swim Lessons 4:15-6:00	Tai Chi 4:00-5:00pm Bonnie Aqua Aerobics 5:00-6:00pm	Lap/Open Swim 4:00-7:00pm	Lap/Open Swim 4:00-7:00pm	Lap Swim (2 lanes) 4-6pm
	Lap/Open Swim 6:00-7:00pm	Lap/Open Swim 6:00-7:00pm	Lap/Open Swim 6:00-7:00pm		Rentals Available: contact Lisa Jones for more information	Lap Swim (1 Lane) 4-6pm
					AJ Sears Aquatics Director 217-234-9494 asears@mattoonyymca.org	Lap/Open Swim 6:00-7:00pm
Any child who must wear a lifejacket or is under 4 ft tall must be accompanied by an adult in the pool, within an arm's reach.				Any child under the age of 10 must always be supervised by an adult.		