

FAMILY TRANSFORMATION
LIFE-CHANGING MOTIVATE
ACTIVITY

MAKING AN IMPACT



2024 ANNUAL REPORT

mattoonymca.org



OUR MISSION:

To put Christian principles into practice through programs that build healthy spirit, mind and body for ALL.

A MESSAGE FROM OUR CEO

This has been a year of growth and gratitude at the Mattoon Area Family YMCA and the Neal Center YMCA! This year we are taking time to reflect on everything that was made possible thanks to the support of our members and communities.

Our Membership for All initiative continues to provide for over 600 individuals ensuring that nobody is turned away from the Y due to an inability to pay, and is funded completely by the generosity of our annual donors.

Over the past six months, our Youth Development department has experienced significant growth. With a focus on team building, behavior strategies, and enhancing the overall youth experience, we've seen remarkable progress. From growing participation numbers to the simple joy of a child's smile in the hallway, our youth are truly thriving. We are incredibly excited to continue seeing our programs grow and flourish.

This summer, our YMCA proudly brought to life a long-awaited vision—a YMCA Community Park in Mattoon. This new park offers a safe and welcoming space for kids and families to enjoy, hosting YMCA events, programming, community rentals, and more. It stands as a powerful symbol of our mission to foster healthy living and build strong spirit, minds and bodies for all.

In 2024, we proudly added a new 5K race in Toledo, making it the sixth annual race event organized by our two YMCA locations. This Thanksgiving, we set a new record with 553 participants at our Bare Bones Turkey Trot event! We feel truly blessed to be part of a community that prioritizes health, cherishes friendships, and values the joy of living life to the fullest.

Our members and staff have remained committed to Social Responsibility, contributing to our communities through community events, Peace Meals, and the Angel Tree program. This year, the Angel Tree helped nearly 300 seniors in Coles, Cumberland, and Clark counties. These initiatives have a lasting impact on individuals beyond the Y, and we are honored to be able to provide our support.

None of this would be possible without you—our members and donors. We have many incredibly exciting developments planned for the coming year, and we can't wait to share the progress and growth with all of you.



BLAKE FAIRCHILD
MATTOON AREA FAMILY &
NEAL CENTER YMCA CEO

Blake Fairchild



OUR FACILITIES



MATTOON AREA FAMILY YMCA

221 N. 16th Street, Mattoon
4,898 active members



NEAL CENTER YMCA

130 Courthouse Square, Toledo
1,684 active members



CENTER FOR HEALTHY LIVING

1004 Health Center Drive, Mattoon
561 active members

OUR TEAM

The Y is the leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. Working locally, we focus on empowering young people, improving health and well-being and inspiring action in and across communities.

Our team is dedicated to the Y's focus on Youth Development, Healthy Living and Social Responsibility. Each staff member- part-time and full-time plays an important role in the work we do to serve the community.

FULL TIME STAFF- 13
PART TIME STAFF- 182
STAFF WITH 5+ YEARS- 79

TOTAL MEMBERS- 6,873
SENIOR MEMBERS- 958
YOUTH MEMBERS- 241

BOARD OF DIRECTORS

President- Jeff Hutchinson, Vice President- Greg Boldt, Treasurer- James Rieck, Secretary- Morgan Cornwell, Doug Abolt, Alex Benishek, Sean Fischer, Carol Jo Fritts, Dianna Hernandez, Sarah Holsapple-Miller, Barb Love, Austin Powley, Tim Condron, Dale Righter, Jami Roderick, Amy Shafer, Michelle Sinclair, Ashlee Stanfield, Kirk Swensen



Full-Time Staff: Alex Carie, Julie Easton, Trisha Hutchinson, Hannah Robinson, Emily Hayden, Karin Edwards, Lisa Jones, Blake Fairchild, Macie Boyd, Alex Swango, Austin Birch, AJ Sears

YOUTH DEVELOPMENT

EMPOWERING YOUNG PEOPLE TO REACH THEIR FULL POTENTIAL

The YMCA is committed to nurturing the potential of every child and teen. From cradle to career, the Y empowers young people to lead inspired, successful lives.

From camp to child care to afterschool activities to sports and more, the Y offers programming that enhances, protects and nurtures the unique development journey of every child and teen.






SUMMER CAMP

146 campers had a summer of fun in our day camp programs offered in Mattoon and Toledo.




HOMESCHOOL PROGRAM

51 students made connections and achieved growth in our Homeschool Program.




YOUTH SPORTS

1214 youth learned about teamwork and grew in confidence and skill.





SWIM LESSONS

214 lives were potentially saved from accidental drowning.




BEFORE & AFTER SCHOOL

292 youth had a safe and fun environment to spend time before & after school.

DYNAMITE DAYS OUT

100 youth made memories and friends in our Dynamite Days Out programs.

LEARN MORE ABOUT OUR YOUTH PROGRAMS!

HEALTHY LIVING

IMPROVING INDIVIDUAL AND COMMUNITY WELL-BEING.

At the heart of the Y lies the power to transform—both yourself and the world around you. From our wide range of fitness, personal training, sports and aquatics programs, to our group social activities, as well as fun family and community events, we offer an array of options focused on strengthening spirit, mind and body.





GROUP FITNESS

An average of 64 group fitness classes were offered each week, with 2,062 participants each month.



YMCA'S DIABETES PREVENTION PROGRAM

22 participants participated in 3 cohorts making lifelong, lifestyle changes.



ADULT SPORTS

100 adults participated in our 5 adult sports leagues, ranging from Rocking Chair Softball to World Cup Soccer.



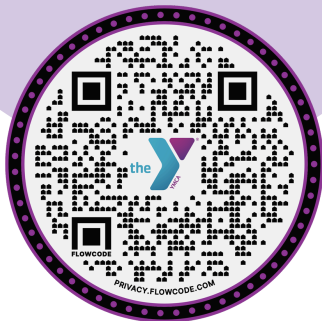
HEALTHY LIVING PROGRAMS

Blood Pressure Self-Monitoring and Healthy Hearts programs continued to grow!



RACES & TRIATHLONS

986 community members participated in 6 races, from Turkey Trots to Triathlons!



WELLNESS CHALLENGES

252 members stayed on track and crushed their goals in our four Wellness Challenges.

LEARN MORE ABOUT OUR HEALTH & WELLNESS PROGRAMS!

SOCIAL RESPONSIBILITY

PROVIDING SUPPORT AND INSPIRING ACTION IN OUR COMMUNITIES.

We work to provide kids, families and communities with the resources and opportunities they need to learn, grow and thrive. That's why we offer a range of programs and services to meet the unique needs of each community we serve.






MEMBERSHIP FOR ALL

778 members received financial assistance for YMCA memberships and programs.




MEMBERSHIP FOR ALL

\$232,975 scholarship and subsidy dollars were distributed to YMCA members to assist with membership and program costs.




VOLUNTEERS

409 dedicated volunteers logged 3,970 hours of service to their Y and their community.



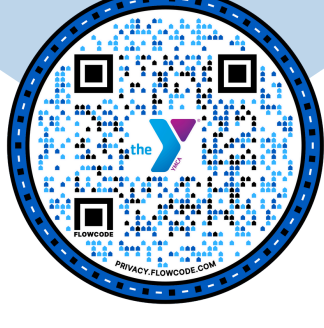

ANGEL TREE

Over 300 seniors in 11 long-term skilled nursing facilities received Christmas gifts through our Angel Tree program.




PEACE MEALS

35 routes were completed by YMCA staff and volunteers in support of home-bound seniors.




CPR CERTIFICATIONS

162 community members became CPR and First Aid certified, which means a safer community for all.

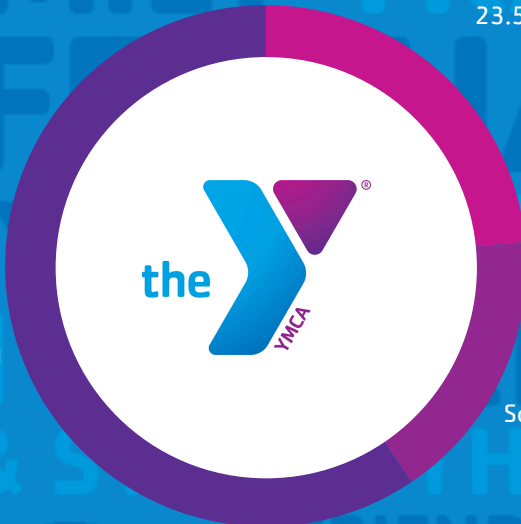
LEARN HOW YOU CAN GET INVOLVED!

WHY IT MATTERS



Youth Development
23.5%

IN 2024
OUR Y 48K
SERVED: INDIVIDUALS



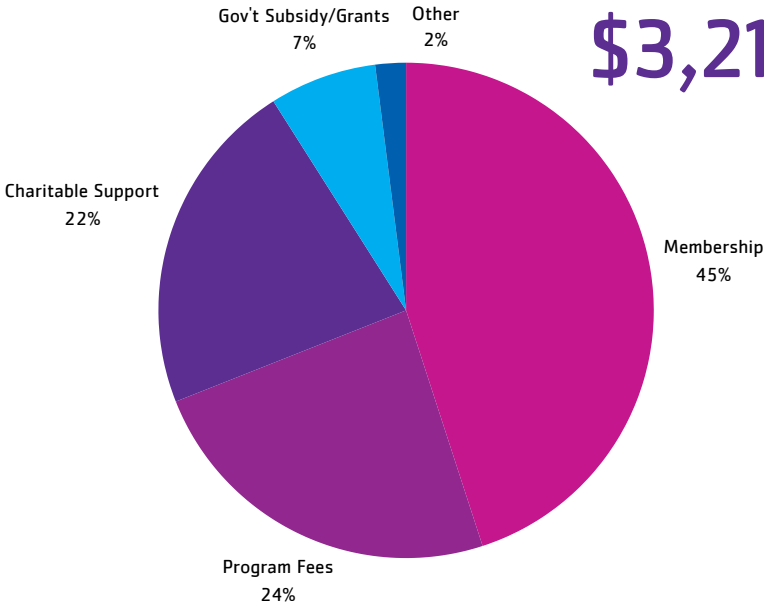
Healthy Living
59.4%

Social Responsibility
17%

OUR FUTURE

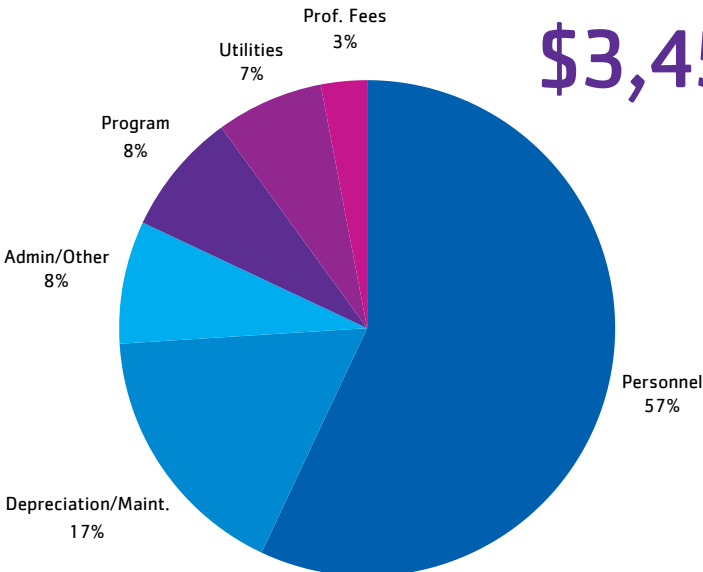
FY 2025 BUDGET REVENUE

\$3,213,335



FY 2025 BUDGET EXPENSES

\$3,454,736



JAX'S STORY



Jax was tired of feeling sluggish and unmotivated, he took his first steps toward a healthier lifestyle by starting a workout routine at his employers new fitness facility on his lunch break. He later committed to working out five days a week at the YMCA. Now, he's lost an incredible 60 pounds and gained so much more than he ever expected.

"I've learned to appreciate my body in a way I never did before," Jax shares. "I neglected it for years, but now I'm taking it up a notch. It's not just about the physical changes—it's about mental and spiritual growth too." The benefits have extended far beyond the scale. His brain fog has lifted, his energy levels have soared, and he's approaching each day with newfound clarity. Long 12-hour workdays no longer leave him feeling drained and unmotivated. Now, he has the drive to push through. A big part of that motivation comes from his workout partner, Michael, who holds him accountable even on the days he doesn't feel like going to the gym. "Having a partner to lift with has made a huge difference," he explains. "On the days I don't want to go, he pushes me. It reminds me why I started and keeps me moving forward."



Looking ahead, Jax's goal is simple: take it one day at a time and stay physically active. He admits he's always been a bit lazy, and bad knees made exercise even harder. But with the weight he's lost, he feels less strain and more freedom to move. "I feel happier. I feel proud," he says with a smile. "This is just the beginning."

**OUR COMMUNITY
NEEDS THE Y, AND
THE Y NEEDS YOU!**

May Merriment!

RUN FOR THE ROSES SATURDAY, MAY 3 5:00 P.M.

JOIN US FOR AN EXCLUSIVE
PRE-PARTY AND VIEWING OF THE
2025 KENTUCKY DERBY!

- Catered Dinner
- Silent Auction
- Live Auction
- Live Music- 90's Daughter
- DOORS OPEN AT 4 P.M.
- Hats Welcome!



The Mattoon Area Family & Neal Center YMCA is committed to helping ALL people realize their fullest potential. We serve people of all ages, backgrounds, abilities, and incomes. In order to make our services and programs available to all people, we provide scholarships through our Membership for All initiative. All Y members receive the same membership benefits regardless of whether or not they are receiving assistance. In 2024, we provided over \$230,000 in scholarships to nearly 750 local families. All of the funds raised during May Merriment and Winter Social support Membership for All, ensuring that your friends and neighbors have access to opportunities for youth development, healthy living and social responsibility.



It's more than us.

YOU

MAKE IT POSSIBLE



\$20= 1 month of membership to a teen seeking support and a positive direction

\$50= 6-week sports experience, fostering teamwork, discipline, and personal growth

\$100= 3 months of membership for a Senior seeking connection, wellness, and community

\$150= 1 week of summer camp to a youth needing a safe environment for learning and fun

\$250= 5 months of membership for a Single Parent, giving their children a positive, supportive environment to grow

TOGETHER WE CAN STRENGTHEN OUR COMMUNITY.