



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH ACCESS GUIDELINES

MATTOON & NEAL CENTER YMCA

These guidelines help youth and families understand which YMCA spaces and programs are available for each age group and when adult supervision is required. Youth will receive a color-coded wristband at the Welcome Desk when entering facility each visit. **Supervising adult must be 18+ years.**

- Not permitted
- Must be under direct supervision of an adult
- Supervising adult must be in the facility
- No supervision required

	AGES 0-6	AGES 7-8	AGES 9-12	AGES 13-15
FACILITY (INCLUDING GYMS & WALKING TRACK)				
WELLNESS CENTER (ACCESS NOTED BY STICKER ICON)		 Consultation required, cardio only ♥	 Consultation required, cardio & selectorize only ⚙️ ⏪⏩ Free weight training course available.	
GROUP FITNESS				
POOL-LAP/OPEN SWIM	 Adult must be in pool/water			
CHILD WATCH	 Adult must be in facility			

HELPING KIDS STAY SAFE AT THE Y.

WWW.MATTOONYMCA.ORG